

SWANBOURNE HOUSE





Saturday Enrichment Programme

Spring 2020

ACTIVITY PREFERENCES

Please find enclosed the details of our Saturday Enrichment Programme options for the Spring Term. All pupils attending School on Saturdays (optional for 9s and 10s / compulsory for 11s and TY) are required to choose activities in order of preference from both Options A and B. Option A will run 8.45 - 10.15am and Option B will run 10.45am - 12.15pm.

Option C will run all morning 8:45am – 12:15pm. Preferences and activities will be allocated on a first come, first served basis. Once an activity has reached maximum capacity Socs will not allow you to book onto it so please choose another activity.

Please note there is a charge for activities marked with an asterix (*). Details of the costs are provided below.

Scholars

- 1. 11s and TY Academic Scholars follow a bespoke programme as their Option A and should just choose their preferred activities from Option B.
- 2. Drama/Art/Sport/DT Scholars in 11s and TY will follow their own bespoke programmes as their Option B and should only choose their preferred activities from Option A.
- 3. Scholars who hold scholarships in both Academics and Drama/Art/Sport/DT will follow their own bespoke programmes during both sessions. Please note that Music Mentoring for internal scholars takes place on Fridays 4:45 5:45pm and so Music Scholars should choose A and B Options.
- 4. All-rounder Scholars should consult on an individual basis with their subject Department Heads as to the best way to proceed.

Dress Code

- 1. For most activities, children are not required to wear School uniform. Save as stated below, they should wear sensible, casual clothes with layers and footwear to combat all weathers!
- 2. For GAME, SET, Dances from the Movies and Fencing (the sports activities) School sports kit must be worn.
- 3. Where children are taken off-site for activities, School sports kit must be worn on the top half but children may otherwise wear jeans, trousers etc.
- 4. All children should bring a full water bottle into School with them.

BOOKING PROCESS

We operate an automated booking system for Saturday Enrichment activities through SOCS, which is accessible via the parent portal and web site. When using SOCS for the first time, parents will need to create an account.

SOCS ACCOUNT

Through SOCS you will be able to view and book Saturday Enrichment activities. You will need to register for a SOCS Account which is an independent system requiring separate registration. The following link will take you straight to the SOCS registration page <u>Swanbourne House SOCS Registration</u>

Please click on Activate Account to start the process.

Once selected, insert your email address and click **Activate**. This email address must be the address the school holds on record. For the avoidance of doubt, it will be the same email address as is used for our Parent Portal.

SOCS will send you an email to activate your account. Please follow the instructions to set a password and once complete you will be able to access the SOCS system and view the activities.

BOOKING ACTIVITIES

When you login, click the **Activities** link for a pupil. You will see the Activity Sign-Up rules at the top of the page, along with the sign-up window open and close dates. Please do read the rules outlined.

Below the rules you will see the list of Activity Categories. You can click on a category to expand it and view the category sign-up rules (if there are any) and the activities in the category. If a club is available you will see and **Add** button on the right hand side. Click the **Add** button if you would like to add the pupil to the club.

You will first be presented with the schedule for the Saturday Enrichment Programme, along with an **Add Activity** button at the top. To add the pupil click the **Add Activity** button.

You will then receive confirmation of the activities your child/children have been signed up for by clicking on the **My Activity** tab.

If you have any queries using Socs please contact <u>enrichment@swanbourne.org</u> or <u>support@miSOCS.com</u>

Option A (8:45 –	Option B (10:45am –	Option C (8:45am –
10:15am)	12:15pm)	12:15pm)
Academic Enrichment	Go Kart Construction*	Mountain Biking*
Club		
GAME: Growing And	SET: Saturday Elite	
Moving Everyone	Training	
Creative Arts & Crafts	Ancient Greek	
Dances from the	Clay Pigeon Shooting*	
Movies		
Spanish	Mad Science Club	
Engineering & Design	Mandarin	
Photography	Cooking	
Baking	Saturday Choir	
	(open to parents & staff)	
Golf	Mad Science Club	
Enterprise Club	Enterprise Club	
Everyone Can Create	Everyone Can Create	
Fashion Merchandise	Fencing	1
& Design		

Option A & B Activities

Academic Enrichment Group

Mrs S Mitchell, Deputy Head/Director of Teaching & Learning Time: 8.45 – 10.15am Location: E8

There are a few places available to those in the 11s and Top Year who wish (alongside our Academic Scholars) to challenge their intellect first thing on a Saturday morning. Please consult Mrs Markey in advance if you are interested in joining the group.

GAME: Growing And Moving Everyone (Option A)

Mr P Burton-Pye, Director of Sport Time: 8:45 – 10.15am Location: Sports Grounds

An inclusive, multi-sports club designed to improve the five S's of fitness: Strength, Stamina, Suppleness, Speed and Skill. The course will include sport based games and theory.

Creative Art & Crafts (Option A)

Mrs G Davey, Art Time: 8:45 – 10:15am Location: Art Room

Get hands on making a variety of crafts including chalk and glue mandalas, egg blowing and decorating as well as making seasonal Easter cards.

Dances from the Movies (Option A)

Miss R Walters, Head of Drama Time: 8:45 – 10:15am Location: Studio

Dances from the Movies is a chance to learn some routines taken from or inspired by famous dance movies such as Dirty Dancing, Step Up, Center Stage and Flashdance. Styles of dance will range from Hip Hop to Technical Jazz. Classes will start with a warm up and some technical exercises before we move on to learning these exciting routines. Children will need to wear dance appropriate clothing and shoes. Previous or current experience in dance would be preferable for this activity.

Spanish (Option A)

Mrs L Rathore Time: 8:45 – 10:15am Location: W6

Practice speaking, writing and listening in Spanish, pick up key phrases and explore Spanish culture in this course aimed at beginners.

Engineering and Design (Option A)

Mr D Cheesewright, D&T Co-ordinator Time: 8:45 – 10:15am Location: DT Room

Design & build a working crane with a winch mechanism.

Photography (Option A)

Mr Talkington, Art and DT Technician Time: 8:45 – 10:15am Location: W2

An introduction to photography and rendering techniques using a PC based editing package. The course will cover portrait and landscape photography using as a theme Mary Shelley's 'Frankenstein'. The aim of the course will be to complete a framed image on photographic paper.

Pupils will need to have a small recording device, such as a small camera or smartphone.

Baking (Option A)

Miss S Gunning, Teacher Time: 10:45am – 12:15pm Location: Dining Room

Become the next Swanbourne Star Baker! Perfect for complete beginners or those who are aspiring to be the next Paul Hollywood or Prue Leith. This course will teach the basics of baking and cake decoration leading up to some more complex bakes. All ingredients will be supplied and bakes can be taken home.

Each child will need a clearly labelled cake tin/container and an apron.

Golf (Option A)

Mr G Thomas, Sport Time: 8:45 – 10:15am Location: Aylesbury Vale Golf Club, LU7 0UJ

This activity will be based at Aylesbury Vale Golf Club. The resident PGA professional and Swanbourne coach, Russell Phillips, will provide tuition appropriate to the level of the members of the group covering all aspects of the game from putting, short game, bunker play through to driving using the varied practice facilities.

If the weather allows, the second half of the term will be based on the school course, culminating in a tournament on the last Saturday of term. Looking forward to the Summer term, we hope to have a Golf team with fixtures against other schools.

Fashion Merchandise & Design (Option A)

Miss F Page, 8s Form Tutor & Miss F Bignell Time: 10:45am – 12:15pm Location: Art Room

Working with a fusion of theoretical understanding and hands–on skills, this course will explore the world of fashion merchandising and design. The children explore design work, different fabrics, sewing by hand and by machine, presentation and sales strategies, and career options.

Enterprise Club (Option A & B)

Mrs A Coates, Maths Time: 8:45 – 10.15am or 10:45am – 12:15pm Location: E6

Do you think you could be the next Richard Branson, James Dyson or Karren Brady? Do you enjoy working as a team towards a common goal?

Then Enterprise Club could be for you. We will generate innovative ideas to solve everyday problems; work together to create products and calculate the financial impact of our decisions. As part of the sessions, you will see just how much money you can generate with just a £5 initial investment. You need to come with lots of ideas and the view that no idea is a bad idea.

Everybody Can Create (Option A & B)

Mr J Toyer (ADE), Maths Time: 8:45 – 10:15am or 10:45am – 12:15pm Location: E7

Using iPads the 'Everyone Can Create' programme guides students to develop and communicate ideas through drawing, photography, video and music. This course uses Apple applications such as Keynote, iMovie and Garage Band. Designed by Apple Distinguished Educators (ADEs), 'Everyone Can Create' aims to ignite creativity and teach new ways to explore learning. Students will have the opportunity to develop their coding skills and create podcasts.

<u>Go Kart Construction*</u> (Option B)

Mr S Talkington, Art & DT Technician Time: 10:45am – 12:15pm Location: Engineering Shed Cost: £130

The cost of the course covers all building materials required to create a Go Kart. The kart is based on a proven design and kit, which will allow students to use skills acquired in their D&T lessons in a safe and controlled environment.

SET: Saturday Elite Training (Option B)

Mr P Burton-Pye, Director of Sport Time: 10:45am – 12:15pm Location: Astros

Designed to push and challenge those with an aptitude and real love of sport and fitness, this activity is suitable for those who are usually selected as SHS first team players and/or those who participate in sport outside school at a competitive club/county level. SET is compulsory for 11s and TY sports scholars. Children will develop their understanding of what it takes to become an elite athlete in a range of different sports. Fitness, core strength, balance, sports nutrition and sports psychology will be explored as well as developing physical performance.

Ancient Greek (Option B)

Mrs I Swain, Languages Time: 10:45am – 12:15pm Location: E1

This activity is an introduction to Ancient Greek, together with aspects of Ancient Greek civilisation. Learn phrases and discover the history of the language alongside learning about key dates and events from the past.

Clay Pigeon Shooting* (Option B)

Mr E Selby-Lowndes, Sport Time: 10:30am – 12:30pm Location: Sherington Shooting Centre, Newport Pagnell, MK16 9NP Cost: £34 per session, £238 per term

Following on from Swanbourne's 2019 success at the IAPS Shooting Competition, we would like to offer the opportunity for more children to try, and develop their skills in, this much loved field sport.

Mad Science Club (Option B)

Mr J Seddon, Head of Science & Technology Time: 10:45am – 12:15pm Location: Science Lab

Exploring the more hands-on, practical side of Science, these sessions will look at answering some of life's biggest questions. We will investigate the future of self-driving cars, tackle the global recycling problem, look into the science behind explosions and fireworks, and create our own rockets to launch into outer space. Using and developing knowledge embedded in science lessons, these sessions give pupils the opportunity to also explore the wider aspects of science and propose new ideas that could solve some of the greatest challenges facing our planet.

Mandarin (Option B)

Shanshan He Time: 10:45am – 12:15pm Location: W6

Learn to speak Mandarin and explore Chinese culture and history in this course aimed at beginners.

Cooking (Option B)

Mrs L Becker, Head of Maths Time: 10:45am – 12:15pm Location: Sir Thomas Fremantle School, Winslow

The perfect opportunity for all budding chefs to create delicious dishes the whole family can enjoy. Children will learn the basics of cooking; from knife skills and hygiene, to food preparation and handling equipment. Culinary skills are put to the test as the children work through a variety of recipes, each one adaptable to suit individual tastes. Children will need to provide their own ingredients and a suitable, labelled container for each dish.

Saturday Choir (Option B)

Mr M Phillips, Director of Music Time: 10:45am – 12:15pm Location: Music Room

Enjoy singing? Can't get enough? Come along and sing with like-minded performers as we explore a range of contemporary music and hopefully work towards a performance later in the term. The sessions will be fun and relaxed, but particularly focusing on developing harmony singing in parts.

Fashion Merchandise & Design (Option A)

Miss F Page, 8s Form Tutor & Miss F Bignell Time: 8:45 – 10:15am Location: Art Room

Working with a fusion of theoretical understanding and hands–on skills, this course will explore the world of fashion merchandising and design. The children explore design work, different fabrics, sewing by hand and by machine, presentation and sales strategies, and career options.

Fencing (Option B)

Mr N Ashmenall Time: 10:45am – 12:15pm Location: Studio

Nick Ashmenall has over 40 years of fencing experience and currently runs the Luton Sword Club. The activity is suitable for beginners who will learn the basics of fencing, leading up to more complex sequences and moves. Mrs Thorpe has her eye on the IAPS Fencing Tournament!

Full kit will be provided including jacket, plastron, glove, metal mask and weapon. Children are welcome to use their own kit if they have it.

Please note for those wishing to continue with Fencing from last term, there are Intermediate activities taking place on a Monday evening. This Saturday activity is aimed at beginners who were not part of the activity last term.

Option C

Mountain Biking*

Mr A Kirk, Head of Enrichment & Outdoor Learning Time: 8:45am – 12:15pm Location: Woburn Trails, MK17 8SZ Cost: £20 per session (£140 per term)

Join us and experience the fun, adventure and exhilaration of mountain biking. The course will be run by a fully qualified and accredited M.I.A.S coach. The 7 sessions will consist of skills, maintenance, training and of course riding on various trails through the inspirational forestry environment.

Children will need: Mountain bike of sufficient quality (please do check with Mr Kirk: akirk@swanbourne.org) Helmet Gloves

If your child is in the 9s or 10s and will not be attending School on Saturdays during the Spring Term please email <u>enrichment@swanbourne.org</u> to confirm. Thank you.



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www.swanbourne.org