





3s – 6s Activity Booklet Spring 2020

#### **BOOKING PROCESS**

We operate an automated booking system for activities and clubs through SOCS, which is accessible via the parent portal and web site. When using SOCS for the first time, parents will need to create an account.

#### **SOCS ACCOUNT**

Through SOCS you will be able to view and book Co-Curricular Clubs and Activities. You will need to register for a SOCS account which is an independent system requiring separate registration. The following link will take you straight to the SOCS registration page **Swanbourne House SOCS Registration**. Please click on **Activate Account** to start the process.

Once selected, insert your email address and click **Activate**. This email address must be the address the school holds on record. For the avoidance of doubt, it will be the same email address as is used for our Parent Portal.

SOCS will send you an email to activate your account. Please follow the instructions to set a password and once complete you will be able to access the SOCS system and view the activities.

#### **BOOKING ACTIVITIES**

When logging in, click the **Activities** link for a pupil. You will see the Activity Sign-Up rules at the top of the page, along with the sign-up window open and close dates. Please do read the rules outlined.

Below the rules you will see the list of Activity Categories. You can click on a category to expand it and view the category sign-up rules (if there are any) and the activities in the category. If a club is available, you will see and **Add** button on the right-hand side. Click the **Add** button if you would like to add a pupil to the club.

You will first be presented with the schedule for activities, along with an **Add Activity** button at the top. To add a pupil, click the **Add Activity** button.

Depending on the type of activity you are adding, some will allow you to sign up for individual events. For these clubs you will see the add button next to each event in the event.

You will then receive confirmation of the activities your child/children have been signed up for by clicking on the **My Activity** tab.

If you have any queries using Socs please contact <a href="mailto:enrichment@swanbourne.org">enrichment@swanbourne.org</a> or <a href="mailto:support@miSOCS.com">support@miSOCS.com</a>.

Some of the activities and clubs have an additional cost due to using external providers. All internally run clubs that are outside of the 3s – 6s standard school day are charged at the cost of Cabin club (£6.50 per session). Please see the required notice period at cl.3 of the terms and conditions.

#### **TERMS & CONDITIONS**

- 1. Please note that there is a limit on the number of children who can attend the various activities and clubs on offer; places will therefore be allocated on a first come, first served basis. SOCS will not allow you to book onto an activity once the maximum capacity has been reached.
- 2. Once booked into SOCS:
  - a. A submitted and successful booking will be taken as a contractual commitment to the activity and your child will be expected to commit to the club for the allocated number of sessions/weeks during that term.
  - b. The costs for the activities are listed in the Activities Booklet. These costs will be automatically added to the invoice as an extra.
- 3. If you wish to withdraw from a paid activity involving visiting staff which ordinarily continues from term to term, then half a term's written notice (or another period specified in the activity booklet) is required to be given to the school before the first day back following half term or a holiday period. These activities are marked in red type.
- 4. All information was correct at time of publication; however the activities and clubs are subject to change.
- 5. By submitting your booking, you agree that a submitted and successful booking will be taken as a contractual commitment to the activity, unless specified otherwise.

### PERFORMING ARTS

#### **Musical Minis\***

Musical Minis is a music programme specifically designed for EYFS age children. Each structured session follows the Early Years Foundation Development Programme and encourages cognitive, physical and emotional development through the use of music, instruments and stories in a relaxed group atmosphere. It concentrates on rhythm, song, sound and movement to encourage early communication and promoting confident, sociable and creative children.

Please note this club will not continue after February half term.

**Day**: Monday

**Time**: 4:30 – 5:15pm

**Ages:** 3s/4s

Venue: Coach House

# **Pepperpot Perfect\***

Pepperpot Perfect is a drama, music and performance club. The sessions are jam packed with fun activities, (singing, drama, games, story-telling, poetry, movement, choral speaking and tongue twisters), all geared towards promoting self-esteem and self-confidence in every child. The children work towards a performance, that parents are invited to watch at the end of the Summer term. At the end of the Spring term the parents will be invited to watch an open lesson.

**Day**: Tuesday **Time**: Lunchtime **Ages:** 5s/6s

Venue: Bridget More Hall

**Day:** Wednesday **Time:** Lunchtime

Ages: 4s

Venue: Bridget More Hall

### **Junior Choir**

Children will learn a variety of songs, each one chosen with a particular musical focus, that develop children's all-round musical education. There are opportunities for singing small solos, in small groups as well as the introduction of simple harmonies.

**Day**: Thursday **Time**: Lunchtime **Venue:** Coach House

Ages: 6s

### **Little Glee Club**

Open to all 6s who love belting out their favourites from musicals and experimenting with some cool mash-ups.

Day: Thursday

**Time**: 3:30 – 4:30pm **Venue**: Coach House

Ages: 6s

### DANCE AND GYMNASTICS

### **Ballet\***

All ballet is run by Mrs Sadie Staten of FAB School of Dance and follows the age appropriate Associated Board of Dance syllabus. Routines are taught each term and free work is also included for the 5s/6s. Dancers are required to wear the Associated Board of Dance skirted leotard, pink ballet shoes with elastics and pink ballet socks or tights.

The skills taught in this club are progressive and continuous attendance throughout the year is advised.

**Day**: Tuesday **Time**: Lunchtime

Ages: 4s Venue: Studio

Day: Tuesday

**Time**: 3:30 – 4:30pm

**Ages:** 5s/6s **Venue:** Studio

### **Disco Babies**

Disco Babies is run by Mrs Sadie Staten of FAB School of Dance, and is a one of a kind class that introduces tiny tots to the wonderful world of dance. Using popular music and props to aid learning and follows part of the EYFS to develop children physically and socially.

Day: Friday

Time: 2:30 - 3:15pm

Ages: 3s

Venue: Coach House

### **Street Dance\***

Street Dance is run by Mrs Sadie Staten of FAB School of Dance. A fun and active high energy class learning routines to popular music. SHS Sports Kit to be worn.

Day: Friday

**Time**: 3:45 – 4:30pm

**Ages:** 5s/6s **Venue:** Studio

# **Gymnastics\***

Run by MK Springers, this club builds on the pre-school curriculum with more advanced skills such as rolling, handstands, cartwheels and rebound work.

Day: Monday

**Time**: 3:45 – 4:45pm

**Ages:** 5s/6s

Venue: Bridget More Hall

## **Tatty Bumpkin Yoga\***

Tatty Bumpkin is a character doll who goes on imaginative adventures (i.e. into space, under the sea, or to the jungle) with yoga positions used to tell the story. They are active sessions and great for sporty children as well as those who enjoy a more artistic approach to movement. Each session is fun and motivating, encouraging the children to engage in active stories. Through specifically written songs and moves, they will learn new ways to stretch and learn.

Day: Thursday

**Time**: 3:30 – 4:30pm

**Ages:** 4s/5s

Venue: Coach House

### **SPORT AND EXERCISE**

### Tennis\*

The children will have an opportunity to learn to play tennis with coaching provided by LTA and RPT qualified specialists. Children will be taken down to the tennis courts by the coaching staff and bought back to Cabin club for collection. Trainers and rackets required.

Day: Monday

**Time**: 3:30 – 4:30pm

Ages: 6s Venue: Astros

Day: Tuesday

**Time**: 3:30 – 4:30pm

Ages: 5s Venue: Astros

Day: Thursday

**Time**: 3:30 – 4:30pm

Ages: 4s Venue: Astros

# **Swimming\***

Swimming club is an opportunity to improve swimming techniques and develop stamina, with coaching from ASA qualified coach Mrs Lisa Bright.

**Day**: Wednesday **Time**: 3:45 – 4:30pm

Ages: 5s

Venue: Swimming Pool

Day: Tuesday

**Time**: 3:45 – 4:30pm

Ages: 6s

Venue: Swimming Pool

## RugbyTots\*

RugbyTots aims to teach children the core rugby principles while meeting important preschool learning and objectives such as colour, number and body-part recognition; counting, socialising, following instructions and using imagination. For boys and girls.

**Day**: Tuesday

**Time**: 3:30 – 4:00pm

**Ages:** 3s/4s

**Venue:** Bridget More Hall/Grounds

**Day**: Tuesday **Time**: 4 – 4:45pm

**Ages:** 5s/6s

**Venue:** Bridget More Hall/Grounds

# **Running Club**

Running offers a different way for children to exercise and socialise with friends, igniting their passion for sport and physical activity whilst encouraging them to become healthier, happier and more confident. The group will run off road over different surfaces around the beautiful Swanbourne House grounds. All abilities welcome with support and encouragement.

Day: Wednesday **Time**: 3:30 – 4:30pm

**Ages:** 5s/6s Venue: Grounds

### **Football Club**

Coached by a member of the Sports Department, this lunchtime club will consist of goal keeping, shooting practice and defence tactics.

**Day**: Thursday **Time**: Lunchtime

**Ages:** 6s

Venue: Grounds/Astros

### **ART AND DESIGN**

# **Design and Engineering Club**

Explore the key principles and develop the basic skills needed to complete a successful design and build project. Using resources such as Meccano and LEGO through to recycled materials, this club will push children to think both laterally and creatively.

**Day**: Wednesday **Time**: 4:45 – 5:30pm

**Ages:** 6s

Venue: DT Room

# **Pottery and Crafts Club**

Learn how to make your very own bespoke piece of pottery and discover how a kiln works. This club will also explore how other artistic materials can be used creatively.

Day: Thursday

**Time**: 4:40 – 5:30pm

**Ages:** 5s/6s

Venue: Art Room

### **OUTDOOR AND SCIENCE**

### **Introduction to Bushcraft**

Learn the basic skills needed to survive in the wild including firecraft, shelter-building, tracking, navigation, water storage, foraging and twine making.

Day: Monday

**Time**: 3:30 – 4:30pm

**Ages:** 4s/5s

Venue: Outdoor Learning Classroom

# Wildlife and Ecology Club

Led by a member of the Science Department, this mainly outdoor club guides the children through a journey of discovery as they explore simple biological processes in Swanbourne's beautiful grounds. Also includes some lab work.

**Day**: Wednesday **Time**: 3:30 – 4:30pm

**Ages:** 4s/5s

Venue: Outdoor Learning Classroom/ Science Lab

### **Mad Scientist Club**

Head of Science & Technology, Mr Seddon, leads this eclectic and fun club that introduces the children to a wide variety of experiments and lab equipment. It includes plenty of practical activities as well as exploring the theories behind basic chemical reactions.

**Day**: Friday

Time: 3:30 - 4:30pm

**Ages:** 5s/6s

Venue: Science Lab

# **LANGUAGES**

### **Mandarin\***

An opportunity for children to learn the basics of Mandarin. Further lessons are also available when moving up to the 7s.

Day: Tuesday

Time: Lunch Break

Ages: 6s

Venue: Coach House

# Spanish\*

Children will learn the basics of Spanish. There is the opportunity to further Spanish language skills when moving up to the 7s.

**Day**: Wednesday **Time**: Lunch Break

Ages: 6s

Venue: Coach House

**CABIN CLUB** 

3:30 - 6:30pm

**Monday – All things Art** 

An afternoon of all things arts and crafts sparking children's imagination and creativity whilst further developing motor skills.

Staff member: Mr K Becker

**Tuesday – Mindfulness** 

Have a chilled-out Tuesday with creative and relaxing activities that focus on

teaching the principles of mindfulness.

Staff member: Mrs L Kirk

**Wednesday – Stories** 

Imaginations run wild in vivid and engaging storytelling sessions, followed by retell

activities including story-mapping and story-performance.

**Staff member:** Mrs S Glover

**Thursday – STEM** 

Get hands-on with a Science, Technology, Engineering and Maths (STEM) theme. Each week Cabin Club will explore a different STEM area with a number of resources

like magnets, torches, shadows, floating and sinking and moving parts.

Staff member: Mrs C Webb

**Friday – Performing Arts** 

Singing is Friday's theme as the children learn and perform their favourite songs.

**Staff member:** Mrs E Chapman



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