



SWANBOURNE HOUSE



## 7s - TY Activity Booklet Spring 2020

Take One **Bright** Mind...

# BOOKING PROCESS

We operate an automated booking system for activities and clubs through SOCS, which is accessible via the parent portal and web site. When using SOCS for the first time, parents will need to create an account.

## SOCS ACCOUNT

Through SOCS you will be able to view and book Co-Curricular Clubs and Activities. You will need to register for a SOCS account which is an independent system requiring separate registration. The following link will take you straight to the SOCS registration page [Swanbourne House SOCS Registration](#). Please click on **Activate Account** to start the process.

Once selected, insert your email address and click **Activate**. This email address must be the address the school holds on record. For the avoidance of doubt, it will be the same email address as is used for our Parent Portal.

SOCS will send you an email to activate your account. Please follow the instructions to set a password and once complete you will be able to access the SOCS system and view the activities.

## BOOKING ACTIVITIES

When logging in, click the **Activities** link for a pupil. You will see the Activity Sign-Up rules at the top of the page, along with the sign-up window open and close dates. Please do read the rules outlined.

Below the rules you will see the list of Activity Categories. You can click on a category to expand it and view the category sign-up rules (if there are any) and the activities in the category. If a club is available, you will see an **Add** button on the right-hand side. Click the **Add** button if you would like to add a pupil to the club.

You will first be presented with the schedule for activities, along with an **Add Activity** button at the top. To add a pupil, click the **Add Activity** button.

Depending on the type of activity you are adding, some will allow you to sign up for individual events. For these clubs you will see the add button next to each event in the event.

You will then receive confirmation of the activities your child/children have been signed up for by clicking on the **My Activity** tab.

If you have any queries using Socs please contact [enrichment@swanbourne.org](mailto:enrichment@swanbourne.org) or [support@miSOCS.com](mailto:support@miSOCS.com).

**Please note that some clubs are available by invitation of the club tutor only. Some of the activities and clubs have an additional cost, please see the required notice period at cl.3 of the terms and conditions.**

## TERMS & CONDITIONS

1. Please note that there is a limit on the number of children who can attend the various activities and clubs on offer; places will therefore be allocated on a first come, first served basis. SOCS will not allow you to book onto an activity once the maximum capacity has been reached.
2. Once booked into SOCS:
  - a. A submitted and successful booking will be taken as a contractual commitment to the activity and your child will be expected to commit to the club for the allocated number of sessions/weeks during that term.
  - b. The costs for the activities are listed in the Activities Booklet. These costs will be automatically added to the invoice as an extra.
3. If you wish to withdraw from a paid activity involving visiting staff which ordinarily continues from term to term, then half a term's written notice (or another period specified in the activity booklet) is required to be given to the school before the first day back following half term or a holiday period. These activities are marked in red type.
4. All information was correct at time of publication; however the activities and clubs are subject to change.
5. By submitting your booking, you agree that a submitted and successful booking will be taken as a contractual commitment to the activity, unless specified otherwise.

# MUSIC

**Contact: Mr M Phillips - [mphillips@swanbourne.org](mailto:mphillips@swanbourne.org)**

## Brass Group

**Day:** Tuesday  
**Time:** 10:45 – 11:15am  
*By invitation only*

**Venue:** Music Department  
**Tutor:** Mr S Kitchen

## Guitar Group

**Day:** Thursday  
**Time:** 10:45 – 11:15am  
*By invitation only*

**Venue:** Music Department  
**Tutor:** Mr W Scott

## Junior Choir

**Day:** Monday  
**Time:** 12.45 – 1.15pm  
*All 7s and 8s to attend*

**Venue:** Music Department  
**Tutors:** Mr M Phillips & Miss H Radley

## Junior String Group

**Day:** Tuesday  
**Time:** 10:45 – 11:15am  
*By invitation only*

**Venue:** Music Department  
**Tutor:** Mrs L Morton

## Music Scholarship Mentoring Group

**Day:** Friday  
**Time:** 4:45 – 5:45pm  
*By invitation only*

**Venue:** Music Room  
**Tutor:** Mr M Phillips

## Senior Choir

**Day:** Monday  
**Time:** 4:45 - 5:45pm  
*Admission via audition only*

**Venue:** Music Department  
**Tutors:** Mr M Phillips & Miss H Radley

## Orchestra

**Day:** Thursday  
**Time:** 4:45 – 5:45pm  
*By invitation only*

**Venue:** Music Department  
**Tutor:** Miss H Radley & Mrs K Hart

## Percussion Group

**Day:** Thursday                      **Venue:** Music Department  
**Time:** 10:45 – 11:15am        **Tutor:** Mr R Weeks  
*By invitation only*

## Senior Vocal Group

**Day:** Friday                         **Venue:** Music Department  
**Time:** 8:20 - 8:45am           **Tutor:** Mr M Phillips  
*Open to Top Year via audition only*

## String Group

**Day:** Tuesday                       **Venue:** Music Department  
**Time:** 8:20 – 8:45am           **Tutor:** Mrs Morton  
*By invitation only*

## The Big Glee Club

**Day:** Thursday                      **Venue:** Music Department  
**Time:** 10:45 – 11:15am        **Tutor:** Mrs A Barlow  
*Open to all 9S – TY*

## Wind Group

**Day:** Friday                         **Venue:** Music Department  
**Time:** 10:45 – 11:15am        **Tutor:** Ms K Sharp  
*By invitation only*

## Individual Music Lessons – Piano, Strings, Brass, Woodwind, Percussion, Guitar and Singing\*

**Day:** By arrangement            **Venue:** Music Department  
**Time:** On rotation                **Tutors:** Peripatetic Music Staff

# DANCE

**Contact: Miss R Walters – [rwalters@swanbourne.org](mailto:rwalters@swanbourne.org)**

## **7s, 8s, 9s Ballet\***

This class follows the Associated Board of Dance syllabus and the children work towards Primary and Grade 1 Ballet. Some free work is also included and new routines are taught each term. Dancers are required to wear the Associated Board of Dance leotard, pink ballet shoes with elastics and pink ballet tights.

**Day:** Tuesday

**Venue:** Studio

**Time:** 4:45 – 5:30pm

**Tutor:** Mrs Staten (FAB Dance)

## **Swanbourne Elite Dance\***

**Day:** Tuesday

**Venue:** Studio

**Time:** 5:30 – 6:15pm

**Tutor:** Mrs Staten (FAB Dance)

By audition only

## **7s, 8s, 9s Tap Dance\***

Dancers work towards Grade 1 Tap following the Associated Board of Dance syllabus. Tap shoes essential.

**Day:** Friday

**Venue:** Studio

**Time:** 12:35 – 1:15pm

**Tutor:** Mrs Staten (FAB Dance)

## **10s, 11s, TY Tap Dance\***

In this class the dancers work towards Grade 1 and 2 Tap following the Associated Board of Dance syllabus. Tap shoes essential.

**Day:** Friday

**Venue:** Studio

**Time:** 1:35 – 2:15pm

**Tutor:** Mrs Staten (FAB Dance)

## Mixed Dance\*

An eclectic mixed dance class including lyrical, modern and hip hop. Jazz shoes or bare feet.

**Day:** Friday

**Venue:** Studio

**Time:** 4:45 – 5:45pm

**Tutor:** Mrs Staten (FAB Dance)

# MINDFULNESS AND YOGA

Contact - [sport@swanbourne.org](mailto:sport@swanbourne.org)

## Yoga 7s - 9s\*

Yoga mats provided

**Day:** Monday

**Time:** 12:35 – 1:15pm

**Venue:** Studio

**Coaches:** Mrs K Hall

## Yoga 10s – TY\*

Yoga mats provided

**Day:** Monday

**Time:** 1:35 – 2:15pm

**Venue:** Studio

**Coaches:** Mrs K Hall

## Mindfulness 10s – TY

During the lunchtime mindfulness club, children follow the “Paws b” and “.breath” curriculum, including:

- Specific areas of the brain and how these affect our ability to focus, make good choices, recognise when we need to steady ourselves when our body or mind is busy or out of balance.
- Ways that mindfulness can support them in many day-to-day activities, including concentration and memory, behavioural self- management, and in relationships with family and friends.
- Ways to respond rather than react, making better choices and taking better care of themselves and others.

**Day:** Thursday

**Time:** 1:45 – 2:15pm

**Venue:** W6

**Tutor:** Mrs G Grimble



# DRAMA AND THEATRE STUDIES

Contact: Miss R Walters – [rwalters@swanbourne.org](mailto:rwalters@swanbourne.org)

## 7s, 8s, 9s Drama Club

**Day:** Tuesday                      **Venue:** Drama Room  
**Time:** 12:35 – 1:15pm          **Tutor:** Miss R Walters

## 10s, 11s, TY Drama Club

**Day:** Thursday                      **Venue:** Drama Room  
**Time:** 4:45 – 5:45pm          **Tutor:** Miss R Walters

## Production Rehearsals

**Day:** Tuesday                      **Venue:** Drama Room/Bridget More Hall  
**Time:** 1:45 – 2:15pm          **Tutor:** Miss R Walters

**Day:** Tuesday                      **Venue:** Drama Room/Bridget More Hall  
**Time:** 4:45 – 7:20pm          **Tutor:** Miss R Walters

**Day:** Thursday                      **Venue:** Drama Room/Bridget More Hall  
**Time:** 1:45 – 2:15pm          **Tutor:** Miss R Walters

**Day:** Friday                          **Venue:** Drama Room/Bridget More Hall  
**Time:** 4:45 – 7:20pm          **Tutor:** Miss R Walters

## LAMDA Lessons\*

**Day:** By arrangement              **Venue:** Various  
**Time:** On rotation                  **Tutors:** Ms E Peploe-Williams & Miss R Walters  
**Cost:** Paired Lessons of half an hour at £123 per term  
          Individual Lessons of half an hour at £245 per term

# LANGUAGES

Contact: Mr J Wright – [jwright@swanbourne.org](mailto:jwright@swanbourne.org)

## 11s & TY French VocabExpress

**Day:** Monday

**Venue:** W2

**Time:** 1.45 – 2.15pm

**Coach:** Mr J Wright/ Mrs G Grimble

## Individual tuition\*

Language tuition, e.g. Spanish and Mandarin, is available on request.

# ART

Contact: Ms G Davey - [gdavey@swanbourne.org](mailto:gdavey@swanbourne.org)

## Art Clubs

**Day:** Monday (10s,11s,TY)

**Venue:** Art Room

**Time:** 4:45 – 5:45pm

**Tutor:** Mrs G Davey

**Day:** Friday (7s, 8s, 9s)

**Venue:** Art Room

**Time:** 4:45 – 5:45pm

**Tutors:** Mrs G Davey and Mr K Becker

# TECHNOLOGY

Contact: Mrs D Hughes – [dhughes@swanbourne.org](mailto:dhughes@swanbourne.org)

## Code Club

**Day:** Tuesday  
**Time:** Lunchtime

**Venue:** IT Suite  
**Coach:** Mrs D Hughes

## Digital Leaders

**Day:** Monday  
**Time:** 10:45 – 11:15am  
8s/9s

**Venue:** IT Suite  
**Coach:** Mrs D Hughes

**Day:** Thursday  
**Time:** 1.45 – 2.15pm  
10s - TY

**Venue:** IT Suite  
**Coach:** Mrs D Hughes

# SPORT

Contact: [sport@swanbourne.org](mailto:sport@swanbourne.org)

## Fencing (Intermediate)

This Fencing club is suitable for those children who have taken Fencing as part of the Saturday Enrichment Programme or as a Monday club in the Autumn term. The club will focus on developing skills already learnt as well teaching more advanced techniques.

This club will take place after February half term.

**Day:** Monday                      **Venue:** Studio  
**Time:** 4:45 – 5:45pm            **Coaches:** Mr N Ashmenall

## Girls' and Boys' Squad Cricket Training

**Day:** Monday                      **Venue:** Bridget More Hall  
**Time:** 5 – 6pm                      **Coach:** Mr P Burton-Pye

(9s – 10s)

6 – 7pm

(11s - TY)

*By invitation only*

## Swim Squad

**Day:** Monday                      **Venue:** Swimming Pool  
**Time:** 4:45 – 5:30pm            **Coach:** Mr A Macpherson

(Junior)

5:30 – 6:15pm

(Senior)

*By invitation only*

## Climbing Club\*

**Day:** Tuesday                      **Venue:** Big Rock Climbing Centre, MK  
**Time:** 4:45 – 7.30pm            **Coach:** Mr S Bowen

## IAPS Ski Squad Training\*

**Day:** Tuesday

**Time:** 5 – 8pm

**Venue:** MK Snozone, Xscape

**Coach:** Mr G Thomas, Mrs J Thorpe and Mrs L Ranieri

## Volleyball Club

**Day:** Thursday

**Time:** 4:45 – 5:45pm

**Venue:** Bridget More Hall

**Coach:** Mr K Good

## Boys' Football Team Practices 11s & TY

**Day:** Tuesday

**Time:** 4:45 – 5:45pm

**Venue:** Astros

**Coach:** Mr E Selby-Lowndes

## Boys' Hockey Team Practices 9s - TY

**Day:** Tuesday

**Time:** 4:45 – 5:45pm

**Venue:** Astros

**Coach:** Mr P Burton-Pye

## Netball 1<sup>st</sup> Team Practice

**Day:** Monday

**Time:** 10:45 – 11:15am

**Venue:** Astros

**Coaches:** Mrs M Bond and Miss M Levermore

## Golf\*

**Day:** Tuesday &

Thursday

**Time:** Lunchtime &

after school

**Cost:** There will be three types of sessions:

- Lunchtime group sessions (max 6 children) of 30 minutes duration (7s & 8s only)
- Paired lessons of 30 minutes duration after school
- Individual lessons of 30 minutes duration after school

**Venue:** Golf Course

**Coach:** Mr R Phillips

Head PGA Golf Professional

Aylesbury Vale Golf Club

## Junior Swim Club\*

**Day:** Tuesday  
**Time:** 4:45 – 6:15pm  
(30 min lessons)

**Venue:** Swimming Pool  
**Coach:** Mrs L Bright, qualified ASA coach

*Open to all in the 7s, 8s and 9s. An assessment will be made at the first session, from which ability groups will be decided and the times of the sessions allotted.*

## Netball Club 7s – 9s

**Day:** Wednesday  
**Time:** 10:45 – 11:15am

**Venue:** Astros  
**Coaches:** Mrs M Bond and Miss M Levermore

## Netball Club 10s - TY

**Day:** Thursday  
**Time:** 1:45 – 2:15pm

**Venue:** Astros  
**Coaches:** Mrs M Bond and Miss M Levermore

## Rugby Club 8s

**Day:** Friday  
**Time:** 4:45 – 5:45

**Venue:** Paddock  
**Coaches:** Mr E Selby-Lowndes

## Tennis Coaching\*

**Day:** Monday, Tuesday  
Thursday  
**Time:** Lunchtimes and  
after school

**Venue:** Dependent on availability and weather  
**Coach:** LTA and RPT Qualified Coaches  
coordinated by Mr S Sumpter  
(Head Coach).

**Cost:** There will be three types of sessions:

- Group sessions (4/5 children per coach, 7s and 8s only) of 40 mins
- Paired Lessons of half an hour or 45 mins duration

*Ability/Experience: The programme is designed to cater for all ages and abilities, from beginner to county players. Lessons will be allocated according to age and commitments.*

## Triathlon Club

**Day:** Friday  
**Time:** 4:45 – 5:45pm

**Venue:** Grounds  
**Coach:** Mr P Burton-Pye

## Chess Club 10s/11s/TY

**Day:** Monday

**Venue:** W2

**Time:** 1.45 – 2.15pm

**Tutor:** Mr J Licqurish



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[www.swanbourne.org](http://www.swanbourne.org)